

FMHI-SF Mental Health Services Resource Guide FY 18-19

Mental Health Services

S.F Behavioral Health Access Line (S.F. Dept. of Public Health)

888-246-3333

415-255-3737

1380 Howard St., 1st Floor S.F., CA 94103

<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS>

The Access Line gives 24-hour referrals for a full-range of specialty behavioral health providers throughout SF & is the entry point to mental health services in the City & CO.

Cost: Free

SF Mental Health Chart

415-648-3222

No public access

http://www.freeprintshop.org/download/mental_english.pdf

12-page printable booklet of mental health resources in S.F. Comprehensive booklet full of dozens of free services.

Cost: Free

Emotional Support-Talk Line/Face-to-Face (Referrals)

The Friendship Line

415-750-4111 (info)

800-971-0016 hotline

No public access

<https://www.ioaging.org/services/all-inclusive-health-care/friendship-line>

24-hr Chat Line providing emotional support & medication management, etc., to seniors & adults with disabilities.

Cost: Free

The Mental Health Association of San Francisco Warm-Line

415-421-2926 main number

855-845-7415 Warm-Line

No public access

www.mentalhealthsf.org

Warm Line is staffed by peer-professionals with mental health challenges who seek to assist others. Resource list on www.sfresourceconnect.org

Cost: Voluntary contributions only

Emotional Support-Talk (continued)

SF Night Ministries

415-441-0123 10PM-4AM Daily

No public access

www.sfnightministry.org

Phone Crisis counseling including domestic violence. Counselors & pastoral providers will also meet callers anywhere in SF for Face-to-Face session. They offer referrals.

Cost: Free

S.F. Suicide Prevention Hotline

415-781-0500 24-hrs (Suicide)

415-362-3400 24-hrs (Drug & alcohol referral & support svcs)

No public access

www.suicide.org

Provides Chat lines for Suicide Prevention, Drug/Alcohol & mental health counseling. Provides referrals to wide range of services.

Cost: Free

TALK Line

415-668-0494 (info)

415-441-5437 24-hr hotline

1757 Waller St. SF, CA & 3450 3rd St. SF, CA

www.safeandsound.org

Phone & Face-to-Face Counseling. Free Childcare while parent while parent on premises. Computer Access. Specializes in kids exposed to violence. Parenting workshops. Tues. Family Dinner.

Cost: Free & Low-cost